



Republic of the Philippines
Department of Health
OFFICE OF THE SECRETARY

August 22, 2017

DEPARTMENT CIRCULAR

No. 2017 - 0301

TO: ALL UNDERSECRETARIES; ASSISTANT SECRETARIES; DIRECTORS BUREAUS, DOH REGIONAL OFFICES AND SERVICES INCLUDING DOH-ARMM; CHIEFS OF MEDICAL CENTERS, HOSPITALS, SANITARIA; EXECUTIVE DIRECTORS OF SPECIALTY HOSPITALS, ATTACH AGENCIES; AND OTHER CONCERNED

SUBJECT: Reproductive Health Programs and Services of the Department of Health (DOH) Pursuant to the Republic Act No. 10354 or The Responsible Parenthood and Reproductive Health Act of 2012 (RPRH Law)

The passage of Republic Act No. 10354, otherwise known as "The Responsible Parenthood and Reproductive Health Act of 2012" (RPRH Law), is a landmark legislation that laid the foundation in the fulfillment of the reproductive health and rights of all Filipinos toward better health outcomes, and socioeconomic growth and development.

As core to the implementation of the mandates specified in the guiding principles of the RPRH Law, the list and information on the Reproductive Health (RH) programs and services provided therefor by the Department of Health with respect to the 12 Elements of RH are described. This shall ensure access to correct information and help couples and individuals make informed decisions in the determination of their reproductive health needs and rights.

This Circular is subject to future revisions as RH programs advance. Dissemination of this Circular to all concerned is hereby instructed.


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Secretary of Health



Department of Health
Reproductive Health (RH) Programs and Services



RH Elements	Health Programs	Services
<p>RH Element # 1: <i>“Family planning [FP] information and services ...”</i></p>	<p>National Family Planning Program - <i>Improve Contraceptive Prevalence Rate and reduce Unmet Need for Family Planning</i></p>	<ol style="list-style-type: none"> 1. FP Interpersonal Communication and Counseling 2. Modern Natural FP methods: <ol style="list-style-type: none"> a. Cycle Beads for Standard Day Method b. Digital thermometer for Sympto-thermal method c. Cervical Mucus Method Charts d. Basal Body Temperature Charts e. Teaching and Counseling on Lactational Amenorrhea Method 3. Modern Artificial FP methods: <ol style="list-style-type: none"> a. Oral Contraceptive Pills <ul style="list-style-type: none"> - Progestin-Only Pills - Combined Oral Contraceptives a. Injectables b. Male Condoms c. Subdermal Implants d. Copper Intrauterine Devices (IUD) e. Bilateral Tubal Ligation (BTL) f. Non-Scalpel Vasectomy (NSV) 4. PhilHealth Benefit Package for FP methods: <ul style="list-style-type: none"> - IUD, NSV, BTL, Subdermal implants
<p>RH Element # 2: <i>“Maternal, infant and child health and nutrition, including breastfeeding”</i></p>	<p>National Safe Motherhood Program - <i>Reduce Maternal Mortality, Promote Facility Based-Deliveries, and Skilled Health Professional</i></p>	<ol style="list-style-type: none"> 1. Pregnancy tracking 2. Antenatal Care 3. Provision of Tetanus Diphtheria Toxoid Vaccination during pregnancy 4. Birth Planning 5. Promotion of Facility-Based Delivery 6. Promotion of Skilled Health Professional in child birthing 7. Training for Basic Emergency Obstetric and Newborn Care (BEmONC) 8. Provision of life-saving drugs (oxytocin, magnesium sulfate, antibiotics, maternal steroids, etc.) and other logistics through the Maternity Care Package (MCP) of PhilHealth 9. Postnatal Care

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	<p>Newborn and Infant Health Program - <i>Addresses newborn survival and reduction of newborn mortality</i></p>	<ol style="list-style-type: none"> 1. Implementation of Essential Intrapartum Newborn Care (EINC) protocol 2. Care for small babies¹ using Kangaroo Mother Care, EINC and Emergency Obstetric and Newborn Care, and screening 3. Promotion of exclusive breastfeeding of infants 0-6 months and complementary feeding for aged 6 months to 2 years and beyond through Infant Young Child Feeding (IYCF) 4. Promotion of exclusive breastfeeding through Mother Baby-Friendly Health Initiatives (MBFHI) in health care facilities 5. Promotion of breastfeeding in the workplace 6. Lactation Management Training
	<p>Nutrition Program - <i>Micronutrient supplementation of Vitamin A, iron and iodine to address Micronutrient deficiencies</i></p>	<ol style="list-style-type: none"> 1. Vit. A 100,000 IU for children 6-11 months old 2. Vit. A 200,000 IU for children 12-59 months old 3. Vit. A 200,000 IU for lactating women 4. Iron folic acid tablet with 60 mg elemental iron and 400 mcg folic acid for pregnant and lactating women 5. Iron drops 15 mg for low birth weight infants 6. Micronutrient Powder for children 6-23 months old 7. Iodine for pregnant women in high iodine deficiency disorder endemic areas 8. Calcium carbonate 500 mg for pregnant women 9. Ready-to-Use Therapeutic Food (RUTF) sachet for severe acute malnourished children below 5 years old (F 75, F 100, RUTF) 10. Ready-to-Use Supplementary Food for

¹ Small Babies are pre-term babies born <37 weeks age of gestation and/or babies with low birth weight <2,500 grams

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		<p>nutritionally-at-risk pregnant and lactating women and children 6-23 months old</p>
	<p>Child Development and Disability Prevention Program <i>- Promotion of children's development and prevention of disabilities through screening services and early detection</i></p>	<ol style="list-style-type: none"> 1. Basic newborn care, such as Eye prophylaxis; Umbilical cord care; Vit. K; and Thermal Care 2. Newborn Screening tests for early detection of congenital metabolic disorders (such as phenylketonuria, galactosemia, congenital hypothyroidism, etc.) 3. Newborn Hearing Screening tests to identify hearing loss in infants shortly after birth. 4. PhilHealth Newborn Care Package
	<p>Management of Sick Children Program <i>- Provision of IMCI medicines for diarrhea and pneumonia and provision of therapeutic food for the management of severe acute malnutrition</i></p>	<ol style="list-style-type: none"> 1. Integrated Management of Childhood Illnesses 2. Zinc syrup 20 mg 3. Zinc drops for children 6 months to 5 years old 4. Oral rehydrating solutions 5. Amoxicillin 100 mg suspension 6. Amoxicillin 250 mg suspension
	<p>Oral Health Program <i>- Addresses dental carries</i></p>	<ol style="list-style-type: none"> 1. Sealant Kit with Light Cure units 2. Light cured composite kits 3. Glass ionomer for atraumatic restorative treatment 4. Fluoride varnish 5. Essential Health Care Package 1: <ol style="list-style-type: none"> a. Fluoride toothpaste 500 ml b. Kiddie toothbrush for ages 3-5 years old c. Germicidal soap 80 mg 6. Essential Health Care Package 2: <ol style="list-style-type: none"> a. Cotton face towel b. Drinking cup

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	<p>Expanded Program on Immunization - <i>Addresses common childhood vaccine preventable diseases thru immunization</i></p>	<p>Vaccination for infants/children:</p> <ol style="list-style-type: none"> 1. Bacillus Calmette–Guérin (BCG) Vaccine 2. Hepatitis B Vaccine 3. DPT-HepB-HiB (Pentavalent) Vaccine 4. Oral Polio Vaccine 5. Measles-Mumps-Rubella (MMR) Vaccine 6. Pneumococcal Conjugate Vaccine (PCV) 13 7. Inactivated Polio Vaccine (IPV) <p>Vaccination for adolescents and pregnant women:</p> <ol style="list-style-type: none"> 8. Tetanus Diphtheria Toxoid Vaccine <p>Vaccination for senior citizens:</p> <ol style="list-style-type: none"> 9. Pneumococcal Polyvalent Vaccine 10. Influenza Vaccine
<p>RH Element # 4: <i>“Adolescent and youth reproductive health guidance and counseling”</i></p>	<p>Adolescent Health and Development Program - <i>Improve access of adolescent to health information and services</i></p>	<ol style="list-style-type: none"> 1. Tetanus Diphtheria Measles Rubella (Td MR) Vaccination among Grade 1 and Grade 7 pupils in public schools 2. Human Papillomavirus Vaccination among Grade 4 pupils (ages 9-13) in select public schools 3. Institutionalization of Adolescent-Friendly Health Facilities 4. Training on Adolescent Job Aid (AJA) for health workers in dealing adolescent clients 5. Adolescent Health Education and Practical Training (ADEPT) for health workers in dealing adolescent clients 6. Healthy Young Ones project using information, education and communication (IEC) materials on anatomy and physiology, human development, sexuality, growth and development 7. Peer Education on adolescent health and development

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<p>RH Element # 5: <i>“Prevention, treatment and management of reproductive tract infections (RTIs), HIV and AIDS and other sexually transmittable infections (STIs)”</i></p>	<p>Human Immunodeficiency Virus (HIV)/Sexually Transmitted Infection (STI) Prevention Program <i>- Reduce the transmission of HIV and STI among the key population and mitigate the impact of HIV at the individual, family and community level</i></p>	<ol style="list-style-type: none"> 1. Free Antiretroviral drugs 2. Augmentation of drugs for STI 3. Syphilis testing in STI clinics (Social Hygiene Clinic, HIV Primary Care Clinics) 4. HIV testing and counseling 5. Viral load test 6. Free and focused provision of condoms and water-based lubricants 7. Peer-led outreach activities and community-based HIV screening 8. Treatment adherence counseling 9. PhilHealth Outpatient HIV-AIDS Package
<p>RH Element # 6: <i>“Elimination of violence against women and children and other forms of sexual and gender-based violence”</i></p>	<p>Women and Children Protection Program <i>- Address Gender-Based Violence among women and children</i></p>	<ol style="list-style-type: none"> 1. Provision of appropriate medical and psychological treatment for victims of Violence Against Women and Children (VAWC) through the Women and Children Protection Units (WCPUs) in hospitals 2. Medico-legal examination 3. Forensic examination 4. Gender-sensitive counseling 5. Expert testimony in court
<p>RH Element # 8: <i>“Treatment of breast and reproductive tract cancers and other gynecological conditions and disorders”</i></p>	<p>Cancer Control Program <i>- Reduce the impact of cancer and improve the wellbeing of Filipino people with cancer and their families</i></p>	<ol style="list-style-type: none"> 1. Visual inspection with acetic acid in primary healthcare facilities 2. Papanikolaou (Pap) Smear in hospitals 3. PhilHealth Z benefit package for RH-related cancers (cancer in the breast, prostate, cervix, etc.)

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